

**Who:** Wrestlers of all ability are welcome. You do not have to be from Ogilvie to attend. Participants must be entering Kindergarten through 8<sup>th</sup> grade next fall. **Anyone who has ever considered wrestling should try it now!**

**What:** Instruction and practice of technical skills used in wrestling, as well as competitive wrestling matches.

**When:** July 23-26,  
6:30pm – 8:00pm.

**Where:** Ogilvie High School  
Wrestling Room

**Why:** Have fun! And improve your wrestling knowledge and skill.

**How:** Show up with a parent/guardian, sign up, and pay the \$20 camp fee (checks payable to Ogilvie Wrestling)

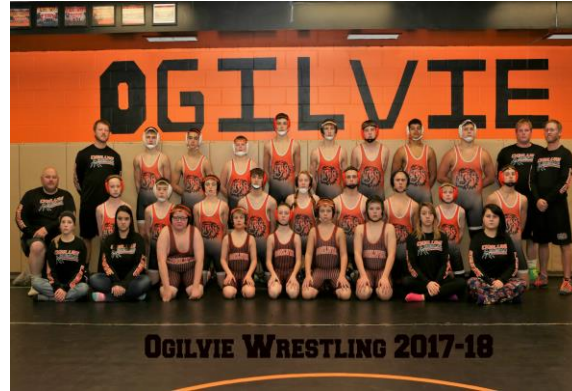
#### **Questions?**

Contact Adam Halvorson at

ahalvorson@ogilvie.k12.mn.us

or

715 821 1571 (cell)



## 2017-2018 Ogilvie Lion Wrestling Team

### Tentative Camp Schedule:

**Day 1:** Takedowns

**Day 2:** Escapes and Reversals

**Day 3:** Going for the Pin

**Day 4:** Folkstyle Matches

**Participants should wear shorts and tee shirt. Clothing with buttons or zippers will not be allowed. If you have wrestling shoes, bring them.**

## Ogilvie Lion Wrestling Technique Camp



**July 23-26, 2018**

**6:30pm – 8:00pm**

*The goal of the camp staff is to improve the knowledge and technical skill of all participants.*